

SATURDAY

20

MAY 2017

Jack & Coke
8TH
ANNUAL BICYCLE RIDE

STARTING at
PARK HILL HIGH SCHOOL

REGISTRATION BEGINS
at 7:00 am

RIDE BEGINS
at 8:00 am

A Benefit Ride for
the American Cancer Society

WWW.JACKANDCOKEBIKERIDE.ORG



ABOUT JACK

In November, 2007, 26-year-old Jack Polson of Lenexa, KS, was diagnosed with a rare liver cancer. Jack began aggressive chemotherapy at KU Medical Center in January, 2008. Even though the chemotherapy had very little effect on his cancer, Jack never gave up hope of beating it. He did not let cancer keep him from enjoying life.

On December 23, 2008, Jack and his family were overjoyed because the doctors were finally able to remove a nine pound tumor the size of a football! Jack enjoyed five months cancer-free. During that time he immersed himself into raising money for the American Cancer Society through his Relay for Life team: Team Strong Liver. Even after receiving devastating news in June, 2009, that his cancer was back and very aggressive, Jack continued to raise funds and participate as captain of his Relay for Life team.

Jack lost his battle with cancer on August 23, 2009. We want to continue his fundraising efforts so that one day no one will have to go through what Jack and his family experienced.

HOW TO PARTICIPATE: All you need is a bike, helmet, and your \$35 entry fee, (\$45 late entry fee after May 1st, 2017). For that you will receive food and refreshment breaks, a great ride, music, and a cookout at the end. Those submitting entries postmarked by May 1st, will receive a commemorative pint glass and t-shirt. All riders are required to wear a helmet, and the ride will be held rain or shine.

NO REFUNDS ON ENTRY FEES

THE RIDE: The [shortest route](#) is now a little over 15 miles. [Longer options](#) from 28 up to 65 miles begin by heading east to a SAG at Staley High School. The first optional loop is 17 miles back to Staley before heading west to a SAG in Ferrelview. A second optional loop heads north to Kerrville before returning 15 miles to Ferrelview. The ride finishes with an optional loop across the dam at Weatherby lake. Omitting the Weatherby loop reduces the distance by 5 miles and saves you a few climbs.

IF YOU CANNOT RIDE THAT DAY...

You can make a donation in memory of Jack Polson by writing a check to the **JACK & COKE BIKE RIDE** and mailing it to

Doug & Pam Polson
13319 W 103 Terrace
Lenexa, KS 66215

TIME: Packet pickup and ride day registration begins at 7 AM. Ride begins at 8 AM.

WHERE: The ride starts from the parking lot on the **east** side of Park Hill High School. Take I-29 to the NW Barry Road exit. Go west on NW Barry Road ½ mile. Turn left (south) on N. Congress Ave (light). The parking lot is ¼ mile south of Barry Road on the right. Check-in is across the street by the tennis courts.

VOLUNTEER FOR THE RIDE

Volunteer using [On-Line form](#) or email Richard at richj@northcs.com

DON'T DELAY – ENTER TODAY

JACK & COKE BICYCLE RIDE – MAY 20, 2017 – MAIL IN REGISTRATION

Please Print

Last Name _____ First Name _____ Middle Initial _____

Address _____ City _____ State _____

Zip _____ Age _____ Are you a Cycling Kansas City (formerly KCMBC) member? yes no (circle)

Phone# _____ Email Address _____

RAIN OR SHINE EVENT : NO REFUNDS ON ENTRY FEES (This is a charity ride.)

Entry Fee \$35 if postmarked May 1st, 2017 or earlier \$ _____

Late Registration Fee \$45 if postmarked after May 1st, 2017 \$ _____

I'm planning on raising additional donations to turn in on May 20, 2017 _____

I do not intend to ride but would like to volunteer _____
(Can also fill in [on-line form](#) or email richj@northcs.com to volunteer)

Ride Tour Distance Short Route 15.3 miles or Long Route 28.2 miles

Long Route ADD-ONS Staley Loop +17.1 miles (Art's Favorite Loop)

Ferrelview Loop +11.1 or 15.2 miles

Weatherby Loop + 5.3 miles

Maximum with all three add-ons = 65.7 miles

T-shirt Size: Small Medium Large X-Large XX-Large OR No Shirt _____

Only those submitting entries by May 1st, 2017, will receive a T-shirt and a commemorative pint glass.

A SIGNED WAIVER WILL BE REQUIRED FOR THE RIDE. THE WAIVER FORM WILL BE AVAILABLE ON THE DAY OF THE RIDE AT REGISTRATION.

Make checks payable to: JACK & COKE BIKE RIDE.

Send entry form and fee to:

**JACK & COKE BIKE RIDE
13319 W. 103 Terr
Lenexa, KS, 66215**



Designs subject to change.

EARLY ENTRY INCENTIVES

REMEMBER: Only those submitting entries by May 1st will receive a T-shirt and a commemorative pint glass.

IF YOU WANT TO DO MORE THAN JUST RIDE-

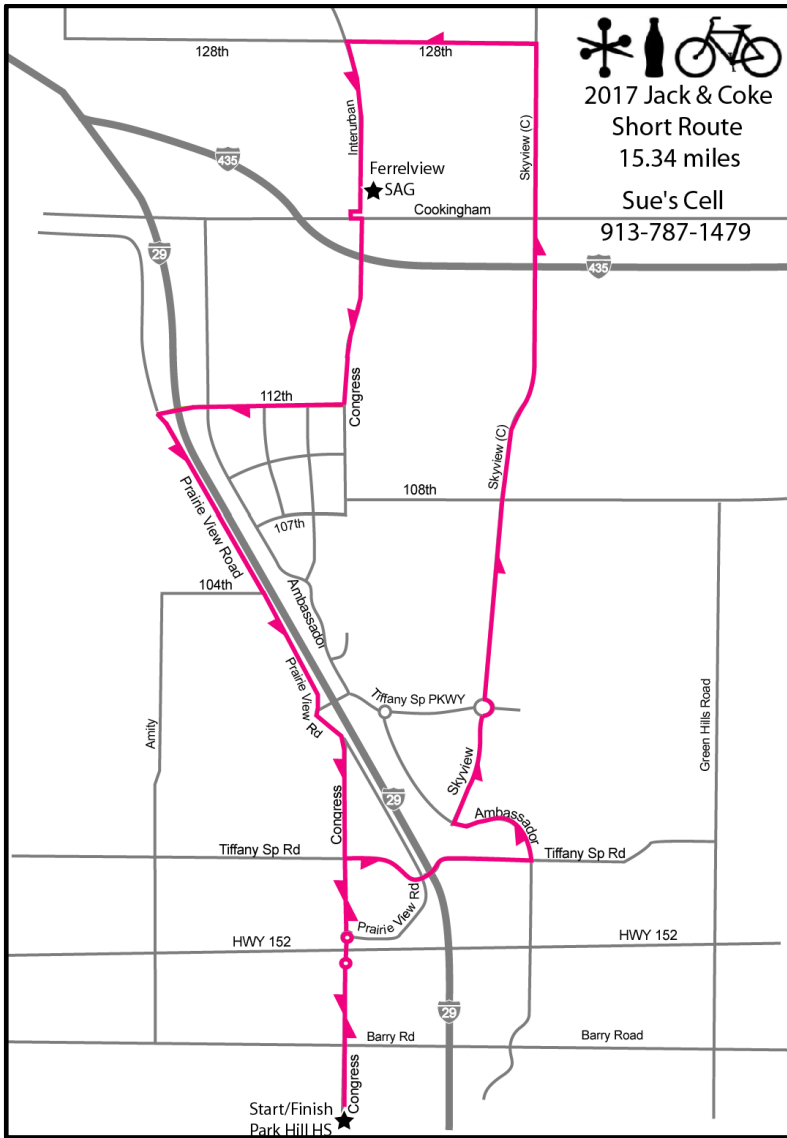
You can also help raise money for The American Cancer Society. Bring your additional pledges to Registration. Please bring a list of names and addresses for all of your pledges. A form is available to download at:

www.JackandCokeBikeRide.org

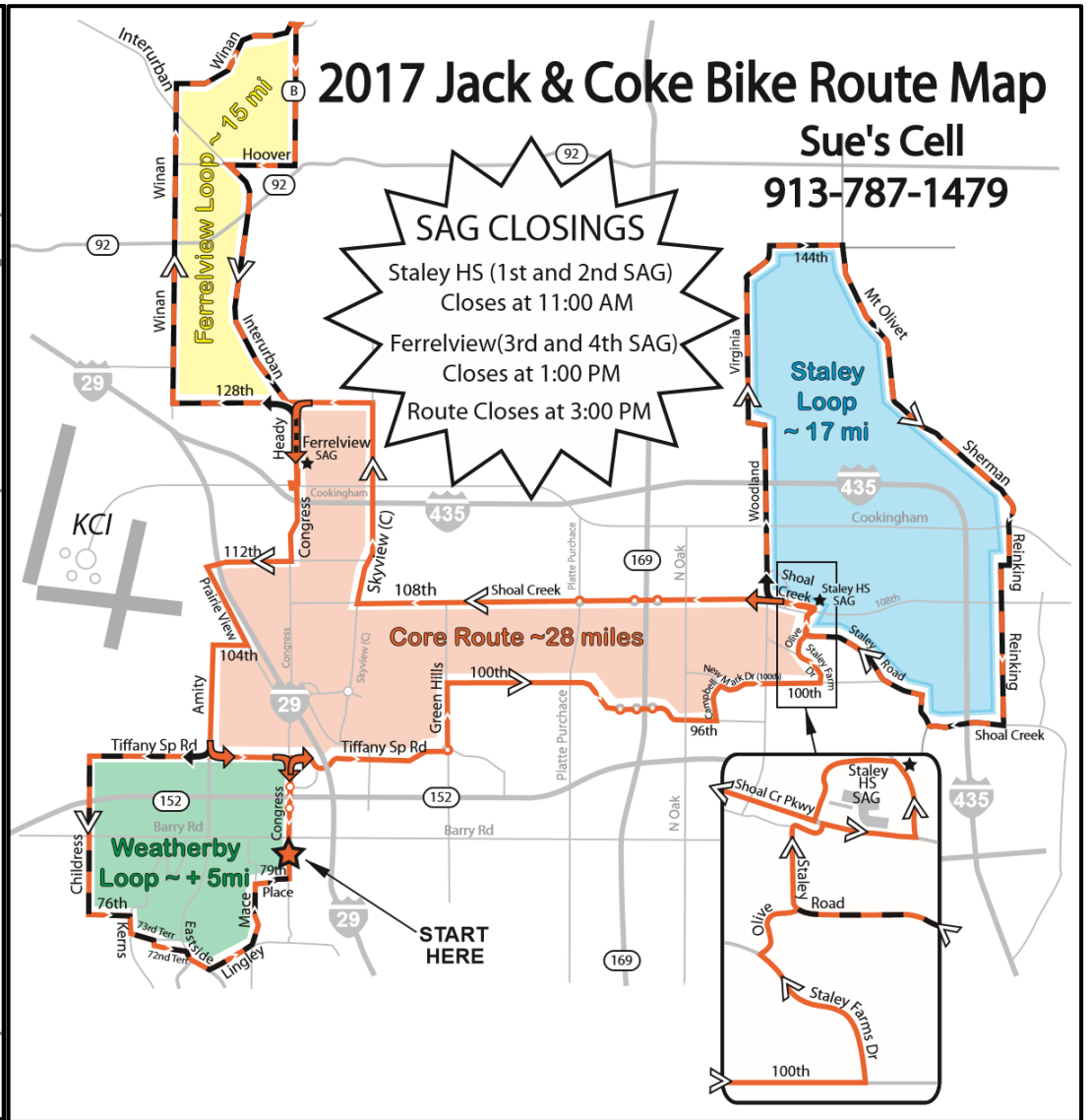
Checks should be made payable to the **Jack & Coke Bike Ride**.

What cancer cannot do:

**It cannot invade the soul,
suppress memories, kill
friendship, destroy peace,
conquer the spirit, shatter
hope, cripple love, corrode
faith, steal eternal life or
silence courage!!**



15 Mile Route



28 to 65 Mile Routes